



**Course Title: Pastoral Care – Helping People in Crises**

**Fee**

Module 1 only: £125  
Modules 1 and 2: £150

NB. The Course Fee includes £20 non-refundable registration fee

**Course Description**

This programme combines the acclaimed Pastoral Care UK, Resourcing Pastoral Carers course and the New Testament Church of God Certificate in Ministries Studies [CIMS]course, Helping People in Crises. It is delivered in two modules.

The programme utilizes the experiential approach to introduce participants to a broad understanding of pastoral care from a Christian perspective. It embraces pastoral care as both ministry and mission and as cooperating with God’s redeeming and reconciling work on earth. The material embraces an understanding of human need, how Jesus cared for people and some of the skills, safe practices and resources needed to care for others effectively. There is plenty of opportunity for group discussion and pooling collective wisdom as course members follow a work book which is trainer led. Learning is applied to the pastoral situations course members encounter and there will be a reflective piece of work around this and some reading to do outside the sessions themselves.

**Course Topics include**

- Introduction to pastoral care
- Human Need
- The Caring Relationship
- Listening to Self and God
- Listening to Others
- Safe Practice
- Resources
- Applied and Reflective Practice
- The church as a model of care
- Dealing with crises

**Aims of the programme**

The two courses are combined and facilitated to equip, enable and resource individuals to develop their understanding of pastoral care from a Christian perspective and to become more effective in relating to and caring for, the people and communities around them, inside and beyond the church. The course will:

- Introduce participants to the rich tradition of pastoral care and ‘counselling’ and its value to church and pastoral ministry;

- Introduce participants to a range of strategies and basic helping skills that can be employed during the pastoral encounter;
- Engage participants in critical reflection about the context, boundaries, quality and content of the pastoral relationship and situations they encounter;
- Guide participants in formulating appropriate responses to, and interventions in, specific crises and problems people experience.
- Provide space for interactive discussion and practical application of the theory and practice of pastoral care and counselling ministry from a Christian perspective.

**Programme Learning Outcomes** (*Knowledge, understanding and skills course participants should be able to demonstrate*)

### **Module 1**

This module is designed to help participants to:

- develop their understanding of pastoral care from a Christian perspective;
- develop their understanding of the various dimensions of human need;
- understand the nature of a caring relationship from a Christian perspective and define the personal qualities necessary to build this;
- be aware of and develop appropriate listening and responding skills;
- identify and understand principles of safety within the context of pastoral care and know how to apply them in caring relationships;
- identify and know how to access and utilise relevant personal, spiritual and community resources;
- reflect on what they have learned and how they might apply their learning to their pastoral care context;
- identify areas where they would benefit from further growth and develop.

### **Essential Reading and other Resource Material for Module 1**

- Bill Merrington's (2012) *Pastoral Care: A Practical Guide* Kevin Mayhew. 379 pages. £22-99.
- OR**
- Wendy Billington's (2012) *Growing a Caring Church: Practical Guidelines for Pastoral Care* Bible Reading Fellowship 119 pages. £6-99.
- OR**
- Reading a book of the participants choice which relates to a particular or specialist aspect of pastoral care that they are interested in e.g. James Woodward (2008) *Valuing Age: Pastoral Ministry with Older People* New Library of Pastoral Care (SPCK) £12-99 and *Helping People in Crises* Ed by Donald S. Aultman NB. As listed for module 2

## **AND**

- Gathered Information about a particular caring organisation such as Care For The Family, Torch, Christians against Poverty which could be of help to their ministry

### **Pastoral Care UK Certificate of Attendance**

Upon completion of module 1 and reflective work (which is not assessed) participants will receive a Pastoral Care UK Certificate of Attendance

### **Module 2**

This module is designed to help participants :

- formulate appropriate responses to, and interventions in, specific crises and problems people experience;
- demonstrate awareness of the complexities and issues involved in the field of pastoral 'counselling';
- understand and explain the various issues that one might bring to the 'counselling' environment, and the type of approach that might be required.
- demonstrate understanding of why ethics and values are important to the pastoral encounter.

### **Certificate in Ministerial Studies [CIMS]**

Participants will receive a certificate upon completion of module 2 which includes (a) two exams for which they must obtain a cumulative score of at least 70 percent for a pass and (b) a non-assessed portfolio of practical application assignments and self-evaluation.

### **Essential Reading and other Resource Material for module 2**

Text Book: ed. Donald S. Aultman (2006) *Helping People in Crisis*, Church of God School of Ministry

NB. This publication is included in the course fee

### **Other Resource Material for the Course**

- Gary R. Collins (2007) revised edition *Christian Counselling: A Comprehensive Guide*. W. Publishing Group
- George Fitchett (2002) *Assessing Spiritual Needs: A Guide for Caregivers*. Academic Renewal Press
- Helping People in Crisis DVD - available from the Leadership Training Centre.

### **Related Courses**

- CIMS: Care and Help Ministries inside and outside the Church
- CIM: Practical Theology- faith foundation for life and ministry in the 21st century
- CIMS: Understanding Yourself and Others

### **Distance Learning Date Assignment(s)**

September 2016 – July 2017

Read the textbooks and complete assignments as directed in the guidance notes.

## **Taught Session(s)**

### ***Taught sessions: Part 1***

Friday 11 November 2016 @ 8:00pm -10:00pm and

Saturday 12 November 2016 @ 10:00am - 12:00noon and 1:00 – 6:00pm

Sunday 13 November 2016 @10am – 5pm

### ***Taught sessions: Part 2***

Friday 7 April 2017 @ 8:00pm -10:00pm and

Saturday 8 April 2017 @ 10:00am - 12:00noon and 1:00 – 6:00pm

Sunday 9 April 2017 @10am – 5pm

## **Examination Date for Module 2**

CIMS Examination: 17 June 2017

**Module 1 Facilitator:** Mrs Pauline Anderson Cert ED, B'ED, Cert Christian Ed, Dip Integrative Counselling, RELATE Marriage Guidance trained, Studies in Family Therapy.

Pauline is presently Director of Shalom Counselling and Training Enterprise in Birmingham and has a background in Adult Education, Community Development and Training. She has held numerous teaching portfolios in counselling, teacher training and more recently Pastoral Care training. Pauline has a passion for individual, couple and family empowerment and is currently the West Midlands and East Anglia Representative for ACC's Pastoral Care UK. Pauline and her family are members of the 'Rock', New Testament Church of God in Birmingham.

**Module 2 facilitator: Session 2** June McKenzie **M.Sc ; PG Dip** Psychosexual Psychotherapy; Cert in Counselling ; **RMN**

June is a Systemic Family Therapist (Psychotherapist) with over 30 years experience in the field of mental health nursing. She is currently employed as a Systemic Family Therapist (Psychotherapist) for the Priory Group in Cheshire (Manchester), specialising in Eating Disorders.

She draws on these skills to support the ministry of the Cheetham Hill, New Testament Church of God in Manchester where her husband Herbie is the local Pastor.

Her expertise and experience in counselling outside and inside the church put her in a good position to assist those with the passion and commitment to raise the standard of their Christian service in pastoral care through engagement with the resources of this course.